



Maharana Pratap Govt. Degree College Amb

District Una HP-177203

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2(3) Sports and Cultural Activities

2.3.1

% of students participating in sports activities = $\frac{\text{no of students Paricipated in sports}}{\text{Total no of students in college}} \times 100$

% of students participating in sports activities = $\frac{332}{2059} \times 100 = 16.12\%$

Year (2023-24)

Sports Events

Date of event/activity (DD-MM-YYYY)	Name of the event/activity	No of players	Name of the organising institution	Name of the student participated
23-02-2024	Annual Athletic Meet Shot Put (W)	11	M.P.G.C. AMB	Priya Bhatia
23-02-2024			M.P.G.C. AMB	Shivani Chandel
23-02-2024			M.P.G.C. AMB	Ritika Devi
23-02-2024	Annual Athletic Meet Shot Put (M)	12	M.P.G.C. AMB	Deepak Bharadwaj
23-02-2024			M.P.G.C. AMB	Vishal Thakur
23-02-2024			M.P.G.C. AMB	Anmol
23-02-2024	Annual Athletic Meet Long Jump(W)	9	M.P.G.C. AMB	Divya Sood
23-02-2024			M.P.G.C. AMB	Bharti
23-02-2024			M.P.G.C. AMB	Trisha Choudhary
23-02-2024	Annual Athletic Meet Long Jump(M)	15	M.P.G.C. AMB	Anish
23-02-2024			M.P.G.C. AMB	Sachin Jaswal
23-02-2024			M.P.G.C. AMB	Jahar Kumar
23-02-2024	Annual Athletic Meet Race 5000 m(M)	10	M.P.G.C. AMB	Pankaj Choudhary
23-02-2024			M.P.G.C. AMB	Raman
23-02-2024			M.P.G.C. AMB	Aman Thakur
23-02-2024	Annual Athletic Meet Race 5000 m(W)	4	M.P.G.C. AMB	Swati Thakur
23-02-2024			M.P.G.C. AMB	Kavita
23-02-2024			M.P.G.C. AMB	Jyoti Bala
23-02-2024	Annual Athletic High Discus (W)	15	M.P.G.C. AMB	Priya Bhatia
23-02-2024			M.P.G.C. AMB	Shivani Chandel
23-02-2024			M.P.G.C. AMB	Bharti
23-02-2024	Annual Athletic High Jump (M)	15	M.P.G.C. AMB	Sachin Jaswal
23-02-2024			M.P.G.C. AMB	Jahar Kumar
23-02-2024			M.P.G.C. AMB	Anish
23-02-2024	Annual Athletic Meet Race 1500 m (M)	16	M.P.G.C. AMB	Sahil
23-02-2024			M.P.G.C. AMB	Raman
23-02-2024			M.P.G.C. AMB	Aman Thakur
23-02-2024	Annual Athletic Meet Race 1500 m (W)	4	M.P.G.C. AMB	Diksha
23-02-2024			M.P.G.C. AMB	Kavita
23-02-2024			M.P.G.C. AMB	Jyoti Bala
23-02-2024	Annual Athletic Meet	7	M.P.G.C. AMB	Ekta



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23-02-2024	Race 800 m (W)		M.P.G.C. AMB	Swati Thakur
23-02-2024			M.P.G.C. AMB	Jyoti Bala
23-02-2024	Annual Athletic Meet Race 800 m (M)	4	M.P.G.C. AMB	Raman
23-02-2024			M.P.G.C. AMB	Sahil
23-02-2024			M.P.G.C. AMB	Aman Thakur
23-02-2024	Annual Athletic Meet Race 400 m (M)	5	M.P.G.C. AMB	Rahul Sharma
23-02-2024			M.P.G.C. AMB	Kanhiya
23-02-2024			M.P.G.C. AMB	Harsh Thakur
23-02-2024	Annual Athletic Meet Race 400 m (W)	17	M.P.G.C. AMB	Manisha
23-02-2024			M.P.G.C. AMB	Shehnaz
23-02-2024			M.P.G.C. AMB	Swati Thakur
23-02-2024	Annual Athletic Meet Race 200 m (W)	6	M.P.G.C. AMB	Sezal
23-02-2024			M.P.G.C. AMB	Mehak
23-02-2024			M.P.G.C. AMB	Kanika
23-02-2024	Annual Athletic Meet Race 200 m (M)	7	M.P.G.C. AMB	Harsh Thakur
23-02-2024			M.P.G.C. AMB	Haneef
23-02-2024			M.P.G.C. AMB	Nikhil Choudhary
23-02-2024	Annual Athletic Meet Race 100 m (M)	11	M.P.G.C. AMB	Jagtar Singh
23-02-2024			M.P.G.C. AMB	Bhupinder Kumar
23-02-2024			M.P.G.C. AMB	Haneef
23-02-2024	Annual Athletic Meet Javeline Throw (W)	14	M.P.G.C. AMB	Shivani Chandel
23-02-2024			M.P.G.C. AMB	Ritika Devi
23-02-2024			M.P.G.C. AMB	Bharti
23-02-2024	Annual Athletic Meet Javeline Throw (M)	14	M.P.G.C. AMB	Anmol
23-02-2024			M.P.G.C. AMB	Vishal Thakur
23-02-2024			M.P.G.C. AMB	Vishal Sharma
23-02-2024	Annual Athletic Meet Discus Throw (M)	8	M.P.G.C. AMB	Vishal Sharma
23-02-2024			M.P.G.C. AMB	Aryan Koundal
23-02-2024			M.P.G.C. AMB	Ritik Sharma
23-02-2024	Annual Athletic Meet Race 100 m (W)	13	M.P.G.C. AMB	Neha
23-02-2024			M.P.G.C. AMB	Mehak
23-02-2024			M.P.G.C. AMB	Anita Devi
28-09-2023	X-Country (Women)	6	Govt. College Jawalaji Distt. Kangra H.P.	Bharti
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Swati Thakur
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Vanshika
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Jyoti Bala
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Rekha Devi
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Kavita
28-09-2023	X-Country (Men)	6	Govt. College Jawalaji Distt. Kangra H.P.	Arun Sharma
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Sahil
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Raman Kumar
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Pankaj Choudhary
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Ritik Sihal
28-09-2023			Govt. College Jawalaji Distt. Kangra H.P.	Aman Thakur
03-11-2023 to 05-11-2005	HPU Inter-College Wrestling (Men)	6	Gyatri College of Education , Sundernagar	Ruittik Sharma
03-11-2023 to 05-11-2005			Gyatri College of Education ,	Shivam Bhatia



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			Sundernagar	
03-11-2023 to 05-11-2005			Gyatri College of Education , Sundernagar	Madhav
03-11-2023 to 05-11-2005			Gyatri College of Education , Sundernagar	Rahul Singh
03-11-2023 to 05-11-2005			Gyatri College of Education , Sundernagar	Manvik Modgil
03-11-2023 to 05-11-2005			Gyatri College of Education , Sundernagar	Mohammed Tosif Kisania
28-11-2023 to 30-11-2023	HPU Inter-College Chess(Men)	5	Govt.College Amb	Naveen Sood
28-11-2023 to 30-11-2023			Govt.College Amb	Arvind Kumar
28-11-2023 to 30-11-2023			Govt.College Amb	Manav Tiwari
28-11-2023 to 30-11-2023			Govt.College Amb	Atul Sohal
28-11-2023 to 30-11-2023			Govt.College Amb	Abhishek
28-11-2023 to 30-11-2023	HPU Inter-College Chess(Women)	4	Govt. College Amb	Divya Sood
28-11-2023 to 30-11-2023			Govt. College Amb	Anchal
28-11-2023 to 30-11-2023			Govt. College Amb	Sarveen Choudhary
28-11-2023 to 30-11-2023			Govt. College Amb	Shreya Tiwari
02-11-2023 to 06/11/2023	HPU Inter college Cricket (Men)	16	Govt.PG College Una	Rahul Sharma
02-11-2023 to 06/11/2023			Govt.PG College Una	Deepak Thakur
02-11-2023 to 06/11/2023			Govt.PG College Una	Nirmal Bhatt
02-11-2023 to 06/11/2023			Govt.PG College Una	Shiwang
02-11-2023 to 06/11/2023			Govt.PG College Una	Swet Rajan
02-11-2023 to 06/11/2023			Govt.PG College Una	Sagar Dadwal
02-11-2023 to 06/11/2023			Govt.PG College Una	Raman Kumar
02-11-2023 to 06/11/2023			Govt.PG College Una	Anmol
02-11-2023 to 06/11/2023			Govt.PG College Una	Akarshit Sharma
02-11-2023 to 06/11/2023			Govt.PG College Una	Vishal Sharma
02-11-2023 to 06/11/2023			Govt.PG College Una	Aman
02-11-2023 to 06/11/2023			Govt.PG College Una	Nishant Choudhary
02-11-2023 to 06/11/2023			Govt.PG College Una	Bharat Bushan
02-11-2023 to 06/11/2023			Govt.PG College Una	Anish
02-11-2023 to 06/11/2023			Govt.PG College Una	Anmol
02-11-2023 to 06/11/2023			Govt.PG College Una	Ishav
08--10-2023 to 10-10-2023	HPU Inter-College Kabaddi(Men)	11	Gautam College Hamirpur	Sahil
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Ankit Guretia
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Sahil
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Shubham Sandal
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Sukhveer
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Sachin Jaswal
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Anmol Rana
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Kartik Koundal
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Prince
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Kartik Jaswal
08--10-2023 to 10-10-2023			Gautam College Hamirpur	Jatin Thaur
01-12-2023 to 02-12-2023	HPU Inter College Weightlifting Championship(M)	10	Govt. College Daulatpur	Jatin Kumar
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Shibam Bhatia
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Aftab Ali



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01-12-2023 to 02-12-2023			Govt. College Daulatpur	Abhishek Dadwal
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Ritik Sharma
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Rohit Koundal
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Vinay Kumar
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Vishal Thakur
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Pranav Sharma
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Arun Kumar
01-12-2023 to 02-12-2023	HPU Inter-College Weight-Lifting Championship(W)	10	Govt. College Daulatpur	Ruby Choudhary
01-12-2023 to 02-12-2023			Govt. College Daulatpur	RitikaDevi
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Anchal
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Tania Thakur
01-12-2023 to 02-12-2023			Govt. College Daulatpur	SavitRani
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Akshita Sharma
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Samriya
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Kanika
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Ritikarehal
01-12-2023 to 02-12-2023			Govt. College Daulatpur	Neeraj Bai
30-10-2023 to 31-10-2023	HPU Inter-college Kabaddi(W)	11	Govt. College of EXcellence Sanjoli	Tania Thakur
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Anchal
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Palak
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Dolly Jassal
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Smily
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Mehak
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Muskan
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Poonam
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Heena
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Preeti
30-10-2023 to 31-10-2023			Govt. College of EXcellence Sanjoli	Dhawani
7-11-2023 to 18-11-2023			HPU Inter- College Tabele-Tennis (Women)	3
17-11-2023 to 18-11-2023	Govt. Sanskrit College Sundernagar	Saloni Sharma		
17-11-2023 to 18-11-2023	Govt. Sanskrit College Sundernagar	Shivani Chandel		
17-11-2023 to 18-11-2023	HPU Inter- College Tabele-Tennis (Men)	4	Govt. Sanskrit College Sundernagar	Naveen Sood
17-11-2023 to 18-11-2023			Govt. Sanskrit College Sundernagar	Aditya Thakur
17-11-2023 to 18-11-2023			Govt. Sanskrit College Sundernagar	Pardeep Kumar Jassal
17-11-2023 to 18-11-2023			Govt. Sanskrit College Sundernagar	Abhishek Chandla
18-11-2023 to 20-11-2023	HPU Inter College Boxing Championship(M)	4	Govt. College Jogindernagar	Sahil
18-11-2023 to 20-11-2023			Govt. College Jogindernagar	Deepak Bhardwaj
18-11-2023 to 20-11-2023			Govt. College Jogindernagar	Chirag
18-11-2023 to 20-11-2023			Govt. College Jogindernagar	Kartik
29-11-2023 to 30-11-2023	HPU Inter- College Boxing Championship (Women)	2	RKMV College Shimla	Trisha Choudhary
29-11-2023 to 30-11-2023			RKMV College Shimla	Tammana
Grand Total		315		



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Student Strength(Category-wise)2023-24 as on 04.10.2023

Sr. No.	Class Name	Gen		SC		ST		OBC		Total		Total
		M	F	M	F	M	F	M	F	M	F	
1	BA 1st	52	75	45	66	3	17	30	66	130	224	354
2	BSC 1st	28	56	21	39	3	3	13	34	65	132	197
3	B.Com 1st	26	27	18	19	1	0	14	28	59	74	133
4	BA 2nd	35	61	24	63	4	8	14	78	77	210	287
5	BSC 2nd	21	56	15	5	2	1	16	36	54	98	152
6	B.Com 2nd	23	24	7	19	2	1	9	28	41	72	113
7	BA 3rd	7	48	12	50	1	4	9	39	29	141	170
8	BSC 3rd	19	53	12	20	0	2	7	39	38	114	152
9	B.Com 3rd	13	31	3	13	0	2	8	18	24	64	88
	Total											1646
10	M.Com 1st	1	14	2	6	0	1	1	5	4	26	30
11	M.Com 3rd	1	12	1	5	0	0	0	9	2	26	28
12	MA English 1st	2	3	1	1	0	0	0	0	3	4	7
13	MA English 3rd	0	2	1	0	0	0	1	1	2	3	5
	PG Class Total											70
14	BBA 1st	24	15	3	4	1	0	6	5	34	24	58
15	BBA 3rd	25	8	5	4	0	0	8	1	38	13	51
16	BBA 5th	21	17	1	4	0	0	8	3	30	24	54
17	BCA 1st	19	18	8	4	3	0	4	4	34	26	60
18	BCA 3rd	21	14	9	4	0	4	5	0	35	22	57
19	BCA 5th	16	14	8	2	0	0	7	4	31	20	51
20	PGDCA 1st	4	3	0	1	0	0	1	3	5	7	12
Total		358	551	196	329	20	43	161	401	735	1324	2059

Superintendent G-1
M.P. Govt. College Amb
Distt. Una (H.P.)

Principal
MPG Degree College
Amb Distt. Una (H.P.)



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Race - 5000 meters (Women)

ATHLETICS RECORD SHEET

MAHARANA PRATAP GOVT. COLLEGE AMB

EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN 5000 Race

Date 23/02/2024 Time

S.No	Name of Sportsman	Class	R. No	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 II nd Attempt	Best 7 IIIrd Attempt
1.	Jyoti Bala	PGDCA 2nd Sem	23 PGDC 1002							
2.	Swati Thakur	PGDCA 2nd Sem	23 PGDC 001							
3.	DIKSHA	B.Com 2nd	21 BC 009							
4.	Kavita	B.AIS 1st year	23 Pol 019							

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT - Race - 5000 meters

Position	Name of the Player	Class	R.No.	Distance
1st	Jyoti Bala D/o Kulbhushan	PGDCA 2nd Sem	23 PGDC 002	Race - 5000 meters
II nd	Kavita D/o Sanjay Kumar	B.AIS 1st year	23 Pol 019	"
IIIrd	Swati Thakur D/o Choun Singh	PGDCA 2nd Sem	23 PGDC 001	"

Signature of Judges : 1. Dr. Krishna Sharma 2. Ashu Kumar 3. Rakta Jaiswal 4. Reenu Bala



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ATHLETICS RECORD SHEET

MAHARANA PRATAP GOVT. COLLEGE AMB

EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN

Date 23/02/2024 Time 12:00 PM

S No	Name of Sportsman	Class	R. No	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best / 1st Attempt	Best / 2nd Attempt	Best / 3rd Attempt
1	Taisha Choudhary	BA1st	23P0104	11	4.40	4.60	4.50	I		
2	Divya Sood	B.com I	23Bcm063		—	2.70	3.70	III		
3	Kritika Sharma	B.Sc.3rd	2120008		—	2.10	2.10			
4	Neeraj Bai	BA2nd	22E0005		2.30	2.20	3.60			
5	Deeksha	BA3rd	21HN010		2.40	1.40	2.40			
6	Manisha	BA3rd	21HN020		2.40	2.30	2.40			
7	Sejal	BA3rd	21HN030		1.20	1.80	2.10			
8	Bharti	BA1st	23P0103		3.80	2.10	4.00	II		
9	Kalpna Japwal	BA1st	23HIS037		1.40	1.70	2.00			

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP
RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Taisha Choudhary / Sh. Kishor Krishna Dev Choudhary	BA1st	23P0104	4.60 Mtr
II nd	Bharti / Sh. Vijay Kumar	BA1st	23P0103	4.00 Mtr
IIIrd	Divya Sood / Raj Kumar Sood	B.com I	23Bcm063	3.70 Mtr

Signature of Judges : 1.

2.

3. Mouli G.

4.



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Race - 400 meters (Men)

ATHLETICS RECORD SHEET

MAHARANA PRATAP GOVT. COLLEGE AMB

EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN Race - 400 meters

Date 23/02/2024 Time

S No	Name of Sportman	Class	R No	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best / 1st Attempt	Best / IIrd Attempt	Best / IIIrd Attempt
1.	HARSH THAKUR S/O Ravi chander	B.A. 11 Year	231112 045							
2.	Harsh chandley S/O ^{Sh} Sham Lal	BCA 11TH Sem	22801 045							
03	Narraj Kumar S/O Sh. Vinod Kumar	"	22801 063							
04	Kanhaiya S/O Sh Sange-shree Saini	B.A. 11 Year	22115 007							
05	Rahul Sharma S/O Shou Sanjeev Kumar	BCA 11TH	22801 033							

Name of the event : L./J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Harsh Thakur S/O Sh. Ravi chander	B.A. 11 Year	231112 045	400 meters
II nd	Kanhaiya S/O Sh. Sange-shree Saini	B.A. 11 Year	22115 007	"
IIIrd	Rahul Sharma S/O Sh. Sanjeev Kumar	BCA 11TH Sem	22801 033	"

Signature of Judges : 1. Ajay Kumar 2. Anay Kumar 3. Harjeet 4. Richu Kalia
5. Vinod (CA) 6. Sandeep L.N.



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Race - 800 meters men

ATHLETICS RECORD SHEET

MAHARANA PRATAP GOVT. COLLEGE AMB

EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN

Date 23.2.2017 Time

No	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	2nd Attempt	3rd Attempt	Best 1st Attempt	Best 2nd Attempt	Best 3rd Attempt
1.	Sahil s/o Sh. Lali	B.A. Ist Year	23HIN 060							
2.	Aman Thakur s/o Sh. Subhash chand	B.A. Ist Year	23HIN 052							
3.	Raman s/o Sh. Katar chand	B.A. Ist Year	23HIN 053							
04	Pankaj chowdhury s/o Dinesh Kumar	"	23HIN 051							

Name of the event : L./J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Aman Thakur s/o Sh. Subhash chand	B.A. Ist Year	23HIN 052	1500 meters
2nd	Sahil s/o Sh. Lali	"	23HIN 060	"
3rd	Raman s/o Sh. Katar chand	"	23HIN 053	"

Signature of Judges : 1. Ajay Kumar 2. Anay Kumar 3. Rajeev 4. Nishant Kalia 5. Vinod (L.A.) 6. Sandeep (L.A.)



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ATHLETICS RECORD SHEET

MAHARANA PRATAP GOVT. COLLEGE AMB

EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN

Date 25/02/24

Time 1:30 PM

Name of Sportsman	Class	R No	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best / 1st Attempt	Best / II nd Attempt	Best / IIIrd Attempt
1. Anmol	B.Sc-2 nd	22 K th 049	14	-	-	34.83			III rd
2. Nitit	B.Sc-1 st	23 B th 061	26	-	-	24.90			
3. Deepak Bhambhani	B.Sc-2 nd	21 B th 096	17	-	-	28.87			
4. Vishal Thakur	B.Sc-1 st	23 B th 058	22	-	-	36.19			2 nd
5. Parshant Sharma	B.Sc-1 st	23 B th 009	11	-	-	30.65			
6. Vipin Kumar	B.Sc-2 nd	21 B th 101		-	-				
7. Aditya Thakur	B.Sc-1 st	22 B th 011	25	-	-	30.79			
8. Vishal Sharma	B.Sc-1 st	23 B th 301	05	-	-	39.60			1 st
9. Ritik Sharma	B.Sc-1 st	22 B th 04	04	-	-	32.16			
10. Aditya Kumar	B.Sc-1 st	23 B th 028	-	04					
11. Abhay Khandel	B.Sc-1 st	23 B th 015	18	-	28.21	-			
12. Sumit	B.Sc-1 st	21 B th 087	#	F	F	F			
13. Mandesh Singh	B.Sc-1 st	23 B th 39	20	-	27.15	27.90			
14. Abhay Rana	B.Sc-1 st	23 B th 053	24	-	26.15	-			

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Vishal Sharma Sh. Sh. Khandel	B.Sc-1 st	301	39.60
II nd	Vishal Thakur Sh. Sh. Thakur	B.Sc-1 st	23 B th 058	36.19
IIIrd	Anmol Sh. Sh. Anam Singh	B.Sc-2 nd	22 B th 049	34.83

Signature of Judges : 1.

Sat/Si

2. Adal

3. [Signature]

4. [Signature]



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Race - 1500 meters (Women)

ATHLETICS RECORD SHEET
MAHARANA PRATAP GOVT. COLLEGE AMB
 EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP
 ✓ Race
 MEN/WOMEN - 1500 meters Date 23/02/2023 Time _____

No	Name of Sportsman	Class	R. No	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 II nd Attempt	Best 7 IIIrd Attempt
01	Jyoti Bala	PGDCA	23PGDCA 02							
02	Kavita	BA JYem	23 Pal 019							
03	Diksha	BA3rd Yem	21HIN 010							
04	Taniya Thakur	BA 2nd	21 Pal 048							

Name of the event : L./J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT				
Position	Name of the Player	Class	R.No.	Distance
1st	Jyoti Bala D/o Sh. Kulbhushan	PGDCA	23PGDCA 002	✓
II nd	Kavita D/o Sanjay Kumar	BA 3rd Yem	23 Pal 019	✓
IIIrd	Diksha D/o Shisunder Kumar	BA 3rd Yem	21HIN 010	✓

Signature of Judges : 1. Dr. Krishna Sharma
 2. Aruna Rani
 3. Rekha Jaiswal
 4. Kavya Sushanta
 S. Renu



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ATHLETICS RECORD SHEET											
MAHARANA PRATAP GOVT. COLLEGE AMB											
EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP											
MEN/WOMEN						Date 23/02/24		Time 3PM			
S No	Name of Sportsman	Class	R. No	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 II nd Attempt	Best 7 IIIrd Attempt	
1	Aryan Koundal	B.A.II st	23HIN 003	01	1						21.47 II
2	Aditya Thakur	B.Sc.II	22BSH 011	18			F				18.8
3	Deepak Bhardwaj	B.Com.III	21BCH 096	22/5							19.6
4	Ammol	B.Sc.II	22BES 049	08							20.3
5	Prashant Sharma	B.A.I	23ECO 009	F17							14.73 14.6
6	Aspit	BBAI st sem	23BBA 061	B5							18.68
7	Ritik Sharma	BBAIV	22BBA 040	20							20.8 III
8	Vishal Sharma	BBAIV sem	3011	09/19							23.67 24.55 (I)

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP				
RESULT				
Position	Name of the Player	Class	R.No.	Distance
1st	Vishal Sharma S/o Shri Puram Chand	BBAIV ^{sem}	3011	/
II nd	Aryan Koundal S/o Shri Verender Singh	B.A.II st	23HIN003	/
IIIrd	Ritik Sharma S/o Shri Raj Kumar Sharma	BBAIV	22BBA040	/

Signature of Judges : 1.			
1.	2.	3.	4.



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Race - 200 meters (men)

ATHLETICS RECORD SHEET

MAHARANA PRATAP GOVT. COLLEGE AMB

EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN race - 200 meters

Date 23/02/2024 Time

No	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 IInd Attempt	Best 7 IIIrd Attempt
1.	Arjun s/o Sh. Balkar Singh	B.A 2nd year	22 HIN 053							
2.	Haneef s/o Sh. Som Nath	"	22 HIN 026							
3.	Nikhil chandhary s/o Sh. Sandeep Kumar	B.A 1st year	23 HIN 046							
4.	Kantouya s/o Sh. Anageth - Des	B.A 2nd year	22 HIN 007							
5.	Hrish Thakur s/o Sh. Ravi chander	B.A 1st year	23 HIN 045							
6.	Ashish Kumar s/o Sh. Sanjeev Kumar	B.A 2nd year	22 HIN 034							
6.	Jaswinder Singh s/o Sh. Bakhashish Singh	B.Sc 1st	23 BCS 026							
7.	Pranshu s/o Sh. Sanjay K.	B.Sc 1st	23 BCS 015							

Name of the event : L.,J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Nikhil chandhary s/o Sandeep Kumar	B.A 1st year	23 HIN 046	200 meters ✓
II nd	Haneef s/o Som Nath	B.A 2nd year	22 HIN 026	" ✓
IIIrd	Hrish Thakur s/o Sh. Ravi chander	B.A 1st year	23 HIN 045	" ✓

Signature of Judges : 1. Ajay Kumar 2. Arun Kumar 3. Hareesh 4. Richu Balia

5. Sandeep Kumar



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Race - 1500 meters (men)

ATHLETICS RECORD SHEET

MAHARANA PRATAP GOVT. COLLEGE AMB

EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN Race - 1500 meters Date: 23/02/2024 Time:

S.No	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 II nd Attempt	Best 7 IIIrd Attempt
1.	Aman Thakur	B.A-1st year	231114 053							
2.	Raman	"	231114 052							
3.	Sahil	"	231114 060							
4.	Harsh	"	231115 034							
5.	Vinay Kumar	B.A-2nd year	22506 005							
6.	Ankay chandhary	B.A-1st year	231114 051							
7.	Jahar Kumar	"	22519 032							
8.	Divanshu	B.Sc-1st year	231114 023							
9.	Tamshi Sharma	"	231114 023							
10.	Keshav	B.Sc-2nd year	21851 059							
11.	Nehal Chandhary	B.Sc-3rd year	21825 047							
12.	Ashish	B.Sc-3rd year	21825 031							
13.	Abhishek	B.Sc-1st year	21174 014							
14.	Vijay Kumar	B.A-1st year	22804 050							
15.	Shahen Akhtar	B.A-1st year	22804 47							
16.	Kunal Sharma	B.A-1st year	22804 47							

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT - Race - 1500 meter (men)

Position	Name of the Player	Class	R.No.	Distance
1st	Aman Thakur s/o Sh. Subhash Chand	B.A-1st year	231114 053	1500 meters
II nd	Raman s/o Sh. Kartal Chand	"	231114 052	"
IIIrd	Sahil s/o Sh. Harsh	"	231114 060	"

Signature of Judges: 1. Ajay Kumar 2. Anny Kumar 3. Harjeet 4. Richu Kedia
5. Sandeep (L.A) 6. Sandeep (L.A)



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ATHLETICS RECORD SHEET
MAHARANA PRATAP GOVT. COLLEGE AMB (Men)
EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN Date 23/02/24 Time 12 PM

S.No	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 IInd Attempt	Best 7 IIIrd Attempt
1.	Anmal B.Sc. II (11) 22BLS049	B.Sc. II	—	17 30	8.75	8.80				1st
2.	VISHAL THAKUR 23H1058	BA Ist	—	22 29	8.64	8.56				2nd
3.	ARTAV 22BCM049	B.Com Ist	—	25	6.00					
4.	ARPIT Koundal 23BBA061	BBA Ist year	—	12 13	8.19	8.25				
5.	ARYAN Koundal 23H1N003	BA Ist	—	31 15	8.00	8.15				
6.	DEEPAK BHARDWAJ 21BCM096	B.Com III rd	—	23	8.62					3rd
7.	ABHISHEK 22BCM028	B.Com II	—	06	6.52					
8.	YASEEN 22BCM042	B.Com II	—	09	7.51					
9.	Mohanj 23BCM129	B.Com I	—	05	7.48					
10.	Abhinav Thakur 23BCM117	B.Com I	—	11	6.41					
11.	Susmit 23BCM102	B.Com I	—	21	5.28					
12.	Rahul Kaushal 23BCM1027	B.Com II	—	18	5.97					

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Anmal S/o Sh. Satnam Singh	B.Sc. II	22BLS049	8.80 mtr.
II nd	VISHAL Thakur S/o Madondal	BA Ist	23H1N058	8.64 mtr.
IIIrd	Deepak Bhardwaj S/o Ch. Darshan Kumar	B.Com III rd	21BCM096	8.62 mtr.

Signature of Judges : 1. [Signature] 2. [Signature] 3. [Signature] 4. [Signature]



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ATHLETICS RECORD SHEET										
MAHARANA PRATAP GOVT. COLLEGE AMB										
EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP										
MEN/WOMEN					Date: 23/12/2024 Time: _____					
S No	Name of Sportsman	Class	R. No	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 IInd Attempt	Best 7 IIIrd Attempt
①	Jahar Kumar	BAIst	22 Eng 31		4.50	5.30	5.70	I		
②	Ritik Sharma	BBA	22BBA90		4.70	-	4.70			
③	Jagtar Singh	BAbt	23MUS45		4.00	4.80	4.10			
④	AKshat Kourhal	BAbt	23Eg 43		4.10	4.10	4.40			
⑤	Anish	BA2nd	22HIN037		5.20	5.10	5.30	III		
⑥	Chandar Pal	BA3rd	21HIS100		3.90	3.80	3.50			
⑦	Vishal Sharma	BBA6th	3011		4.60	5.00	5.10			
⑧	Vinay Chauhan	BA2nd	22Sec05		4.80	5.00	4.90			
⑨	Naveen Sood	B.com3rd	21BCM462		3.00	3.00	3.60			
⑩	Harsh	BAI	23HIS04		4.10	4.60	-			
⑪	Irfan	BSC-I	23BSC32		4:00	4.40	-			
⑫	Sachin Jaiswal	BCA6th	315		5:00	5.60	5.60	II		
⑬	Chirag Verma	BBA Ist	23BBA 059		4.15	4.30	4.45			
⑭	Suryansh	BBA II	21BBA 21		4.60	4.60	-			
⑮	Dinesh	BBA II	22BBA 42		4.80	4.40	4.30			

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT				
Position	Name of the Player	Class	R.No.	Distance
1st	Jahar Kumar / Sh. Ram Kishore	BAIst	22 Eng 31	5.70 Mtr ✓
II nd	Sachin Jaiswal / Sh. Manoj Kumar	BCA6th	315	5.60 Mtr ✓
IIIrd	Anish / Sh. Suresh Kumar	BA2nd	22HIN037	5.30 Mtr ✓

Signature of Judges : 1. 2. 3. 4.



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ATHLETICS RECORD SHEET MAHARANA PRATAP GOVT. COLLEGE AMB EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN 100 meters Date 23/12/22 Time _____

S.No	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 II nd Attempt	Best 7 IIIrd Attempt
1.	Bhupinder S/o Sh. Kedari Lal	B.A-IST year	23Bd 013							
2.	Neeraj Kumar S/o Sh. Vinod Kumar	Bc A Uth	22BCA 063							
3.	Akshat Kaushal S/o Surinder Kumar	B.A-IST	23ENG 003							
4.	Harsh Chaudhary S/o Sh. Shan Lal	B.A Uth Sem	22BCA 045							
5.	Jagtar Singh S/o Rakesh Kumar	B.A-IST year	23MUS 005							
6.	Haneef S/o Sh. Som Nath	B.A. 2nd year	22HIN 026							
7.	Nikhil Choudhary S/o Sandeep Kumar	B.A-IST year	23HIN 046							
8.	Naveen Sood S/o Raj Kumar Sood	B.Com 3rd	21Bcm 062							
9	Ankush Chauhan	B.Com Ist	23Bcm 018							
10	Anmol	?	23Bcm 034							
11	Ankit Kumar	?	23Bcm 097							

Name of the event : L./J./DISCUS/JAVELIN/SHOT/HIGH JUMP
RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Nikhil Choudhary S/o Sandeep Kumar	B.A-IST year	23HIN 046	100 meters ✓
II nd	Haneef S/o Sh. Som Nath	B.A. 2nd year	22HIN 026	100 meters ✓
IIIrd	Jagtar Singh S/o Rakesh Kumar Bhupinder S/o Kedari Lal	B.A-IST "	23MUS 005 23Bd. 013	100 meters ✓

Signature of Judges: 1. Vinod Kumar 2. Ajay Kumar 3. Anand Kumar 4. Dr. Naveen



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ATHLETICS RECORD SHEET										
MAHARANA PRATAP GOVT. COLLEGE AMB										
EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP										
MEN/WOMEN <i>5000 Race meters</i> Date <i>23/02/2024</i> Time										
S.No	Name of Sportsman	Class	R. No.	Peg No. For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 II nd Attempt	Best 7 IIIrd Attempt
1.	Sahil	B.A-Ist year	23HIN 060							
2.	Pankaj choudhary	"	23HIN 051							
3.	Raman	"	23HIN 053							
4.	Aman Thakur	B.A-I ST year	23HIN 052							
5.	Sachin Jaiswal	BCA 6Th sem	315							
6.	Rahul Sharma	BCA 4TH	0833							
7.	Ansh Thakur	B.A-I ST year	13ENG 035							
8.	mahd. Tauric	B.A-Ist year	23HIN 072							
9.	Abhishek	B.A-Ist year	22HIN 014							
10.	Shiwang	"	22HIN 063							

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP				
RESULT <i>Race - 5000 meters</i>				
Position	Name of the Player	Class	R.No.	Distance
1st	Aman Thakur <i>sh. Subhash Chand</i>	B.A-Ist year	23HIN 052	Race - 5000 meters
II nd	Raman <i>sh. Kestav Chand</i>	"	23HIN 053	"
IIIrd	Pankaj choudhary <i>sh. Dinesh Kumar</i>	"	23HIN 051	"

Signature of Judges : 1. Ajay Kumar 2. Anay Kumar 3. Harjeet 4. Richa Balia
 5. Anam 6. Vinod (LA) 7. Sandeep (LA) 8.



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ATHLETICS RECORD SHEET MAHARANA PRATAP GOVT. COLLEGE AMB EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN 20m

Date 23-02-24 Time

S.No	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 IInd Attempt	Best 7 IIIrd Attempt
1.	Jyoti D/o sh. Satpal	BA 2nd Yr	22HIM 070							
2.	Komal Sandhu D/o sh. Jagdish Ram	BA 3rd Yr	21ECO 007							
3.	Kanta D/o sh. Sanjay Kumar	BA 1st Yr	23POL 019							
4.	Meha D/o sh. Rakesh Kumar	BA 3rd Yr	21ECO 001							
5.	Mehak D/o sh. Joginder Pal	BA 1st Yr	23POL 081							
6.	Sejal Sharma D/o sh. Pawan Sharma	BA 2nd Yr	22ENG 008							
7.										

Name of the event : L./J./DISCUS/JAVELIN/SHOT/HIGH JUMP
RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Kanta D/o sh. Sanjay Kumar	BA-1st	23POL 019	/
II nd	Mehak D/o sh. Joginder Pal	BA-1st	23POL 081	/
IIIrd	Sejal D/o sh. Pawan Sharma	BA-2nd Yr	22ENG 008	/

Signature of Judges : 1.

 Krishna Sharma
 Anay Kumar
 Arun Kumar
 Kanta



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ATHLETICS RECORD SHEET

MAHARANA PRATAP GOVT. COLLEGE AMB

EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN W Race - 100 meters Date 23/02/24 Time

S.No	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 IInd Attempt	Best 7 IIIrd Attempt
1.	Sejal Sharma D/o Sh. Pawan Sharma	BA 2nd yr	22 EN19 008							
2.	Mehak D/o Sh. Joginder Pal	BA Ist	23 POL 081							
3.	Anita Devi D/o Sh. Prem Chand	BSc Ist 4A	23 PCH 015							
4.	Divya Sood D/o Sh. Raj Kumar	B Comp Ist	23 BCM 063							
5.	Neha D/o Sh. Balbir Singh	BA Ist	23 SOC 005							
6.	Jcha D/o Sh. Vinod Kumar	BA Ist	23 EN19 039							
7.	Pallvi D/o Sh. Vipin Kumar	BA Ist	23 EN19 007							
8.	Priya D/o Sh. Ramesh Chand	BA 3rd yr	21 ECD 014							
9.	Sejal D/o Sh. Jagdish Ram	BA 3rd yr	21 HIN 080							
10.	Mansi D/o Sh. Balbir Singh	BSc 2nd yr	22 ZOO 007							
11.	Anchika D/o Sh. Vipin Kumar	BSc Ist	23 ZOO 012							
12.	Bhawana D/o Sh. Sunjeet Singh	BA Ist	23 EN19 037							
13.	Aanchi D/o Sh. Ajay Kumar	BSc 2nd yr	22 BCS 003							

Name of the event : L./J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Anita Devi D/o Sh. Prem Chand	BSc Ist year	23 PCH 015	✓
II nd	Mehak D/o Sh. Joginder Pal	B.A. Ist	23 POL 081	✓
IIIrd	Neha D/o Sh. Balbir Singh	"	23 SOC 005	✓

Signature of Judges : 1. Dr. Krishna Sharma 2. Prb Ajay Singh 3. Prb Anand 4. Prb Suresh
5. Prb Anurag 6. Prb Rakesh 7. Prb Renu 8. Prb Harjeet



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ATHLETICS RECORD SHEET MAHARANA PRATAP GOVT. COLLEGE AMB EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN

Date 23-02-2024 Time 1:00 PM

S.No	Name of Sportsman	Class	R. No.	Peg No For Throw	3 rd For 1st Attempt	4 th FT 2 nd Attempt	4 th FT 3 rd Attempt	Best 7 1st Attempt	Best 7 2 nd Attempt	Best 7 3 rd Attempt
1.	Jahar Kumar (1 st)	BA 1 st	22ENG032	31 st Peg	✓	✓	X V X	XX		
2.	Akshat Kaushal	BA 1 st	23ENG003		✓		X XX			
3.	Sumit Naryal	BA 1 st	23BBA050		✓		X XX			
4.	Chander Pal	BA 1 st	21HIS100		✓		X XX			
5.	Anish (1 st)	BA 1 st	22HIN037		✓	✓	X V V			
6.	Sachin-Jaswal (3 rd)	BCA 6 th	315		✓	✓	X V X X			
7.	Rahul Sharma	BCA 4 th	033		✓		X X X			
8.	Harsh	BA 1 st	23HIS034		✓	✓	X X			
9.	Vinay Chouhan	BA 1 st	22Soc005		✓	✓	X X			
10.	Vishal Thakur	BA 1 st	23HIN058		✓	✓	X X			
11.	Lakshya Daclwal	BCA 5 th	23BCA021		X	X	X			
12.	Ritik Thakur	BA 1 st	23ENG042		✓	X	X			
13.	Rajesh Kumar	BA 1 st	23HIN055		✓	X	X			
14.	Suryansh	BA 1 st	23HIN025		✓	✓	X			
15.	Shivam Bhatia	BA 1 st	23ENG024		✓	X	X			

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP
RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Anish	BA 1 st	22HIN037	4.75 FT
2 nd	Jahar Kumar	BA 1 st	22ENG032	4.65 FT
3 rd	Sachin Jaswal	BCA 6 th	315	4.62 FT

Signature of Judges : 1.

2.

3.

4.



Maharana Pratap Govt. Degree College Amb

District Una HP-177203

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ATHLETICS RECORD SHEET MAHARANA PRATAP GOVT. COLLEGE AMB EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN

Date 23/02/24 Time 1:30 P.M.

S No	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 IInd Attempt	Best 7 IIIrd Attempt
1.	Anshika	B.Sc. Ist	23203 010		F	F	F			
2	Priya Bhattia	B.Sc. II nd	227200 036	11	F	F	7.39			
3.	Kritika Sharma	B.Sc. III rd	21200 008		F	F	F			
4	Neeraj Bani	B.A. II nd	22500 005	25	25		8.60			
5.	Kaibhava Jaiswal	B.A. Ist	23115 037		F	F	F			
6	Shivani Chandel	B.Sc. III rd	21851 009	18	F	F	10.00	III		
7.	Ritika Devi	B.Com III rd	21804 042	22	F	F	11.71	II		
8.	Bharti	B.A. Ist	23101 103	①			22.09	I		
⑨	Ekta	B.Com 3rd	21804 045		F	F	F			
10	Simranjit Kaur	B.A. Ist	23104 037	08	7.15	F	F			
11	Kaishab	B.A. Ist	23104 061	8	F	F	F			
12	Sheetal	B.A. Ist	23104 104	16	F	5.11	6.25			
13	Riya Thakur	B.A. Ist	23104 049		F	F	F			
14	Anjali Thakur	B.A. Ist	23104 020		F	F	F			

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP
RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Bharti / Mr. Vijay Kumar	B.A. Ist	2310103	22.09 Mtr
II nd	Ritika Devi / Mr. Rakesh Kumar	B.Com 3rd	2180404	11.71 Mtr
IIIrd	Shivani Chandel / Mr. Kulbir Singh	B.Sc. 3rd	21851009	10.00 Mtr

Signature of Judges : 1.

[Signature 1] 2. *[Signature 2]*

3.

[Signature 3]

4.



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ATHLETICS RECORD SHEET										
MAHARANA PRATAP GOVT. COLLEGE AMB										
EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP										
MEN/WOMEN <input checked="" type="checkbox"/> 400m				Date 23.02.24 Time						
No.	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best / 1st Attempt	Best / IInd Attempt	Best / IIIrd Attempt
1.	Swati Thakur	B.A. 3 rd sem	23001							
2.	Manisha	B.A. 3 rd yr	211111 20							
3.	Diksha									
3.	Shehnaz	B.A. 3 rd yr	221111 042							
4.	Pooja	B.A. 3 rd yr	231111 017							
5.	Ruchi	B.A. 3 rd yr	231111 021							
6.	Anaya	B.A. 3 rd yr	231111 025							
7.	Mehak	B.A. 3 rd yr	21E00 013							
8.	Riya	B.A. 3 rd yr	21E00 014							
9.	Priya	B.Sc. 3 rd yr	23P01 001							
10.	Mehak	B.Sc. 3 rd yr	23P04 004							
11.	Kritika Sharma	B.Sc. 3 rd yr	23P11 012							
12.	Nithika	B.Com. 3 rd yr	23B01 092							
13.	Palak	B.Com. 3 rd yr	23B01 115							
14.	Shanya	B.A. 3 rd sem	23B04 049							
15.	Anita	B.Sc. 3 rd yr	23B05 015							
16.	Shirani Rattan	B.Sc. 3 rd yr	21B00 013							
17.	Gonu	B.Com. 3 rd yr	21B01 009							

Name of the event : <u>LONG JUMP/DISCUS/JAVELIN/SHOT/HIGH JUMP</u>				
RESULT				
Position	Name of the Player	Class	R.No.	Distance (<u>400m</u>)
1st	Swati D/o Sh. Chaitan Singh	B.A. 3 rd sem	23001	/
II nd	Shehnaz D/o Sh. Sultan	B.A. 3 rd yr	221111 042	/
IIIrd	Manisha D/o Sh. Ravinder Kumar	B.A. 3 rd yr	211111 20	/

Signature of Judges : 1. Dr. Kritika Sharma 2. Prof. Anay 3. Prof. Anay 4. Prof. Subhash
 5. Renu Bala 6. Ratna Kant 7. Daljeet



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ATHLETICS RECORD SHEET										
MAHARANA PRATAP GOVT. COLLEGE AMB										
EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP										
MEN/WOMEN <u>800m</u> Date <u>23.02.2024</u> Time _____										
S No	Name of Sportsman	Class	R. No	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 IInd Attempt	Best 7 IIIrd Attempt
1.	Jyoti Bala	PGDCA Jct sem	23002							
2.	Swati Thakur	PGDCA Jct	23001	X						
3.	Sejal Sharma	BA-2nd ya	22ENG 008	X						
4.	Ekta	BCom 3rd ya	21BCom 045							
5.	Diksha	BCom 2nd ya	21BCom 095							
6.	Palati	Bcom Jct	23BCom 032							
7.	Isha Jaiswal	BBA 1st sem	23BBA 44							
8.	Simran	BA Jct	23H 090							
9.										

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT				
Position	Name of the Player	Class	R.No.	Distance <u>800m</u>
1st	Jyoti Bala D/o Sh. Kulbhushan	PGDCA Jct sem	23002	/
II nd	Swati Thakur D/o Sh. Chaitan Singh	PGDCA Jct sem	23001	/
IIIrd	Ekta D/o Sh. Achhu Ram	BCom 3rd ya	21BCom 045	/

Signature of Judges : 1. Dr. Krishna Sharma 2. PAB Ajay 3. PAB Arun 4. Richa Kalia



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ATHLETICS RECORD SHEET
MAHARANA PRATAP GOVT. COLLEGE AMB
 EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP

MEN/WOMEN Date: 23/02/24 Time: 12 Noon

S.No	Name of Sportsman	Class	R. No	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 II nd Attempt	Best 7 IIIrd Attempt
1.	RITIKA DEVI 21BCM042	B.Com III			15	-	-		1st	7.19
2.	SHIVANI CHANDEL 21BSM009	B.Sc III			13	-	-		2nd	6.80
3.	RIMANSHI 21BSM027	B.Sc III			12	-	-			5.10
4.	RUCHIKA 21PHY008	B.Sc. III			30	-	-			5.11
5.	DIVYA SOOD 23BCM063	B.Com Ist			6	-	-			4.87
6.	KRITIKA SHARMA 21Z00008	B.Sc. III			9	-	-			6.00
7.	NEERAJ BAI 22EC0005	BA II			29	-	-			5.65
8.	KALPANA JASWAL 23HIS037	BA Ist			25	-	-			3.78
9.	PRIYA BHATIA 22Z00036	B.Sc-II			23	-	-		3rd	6.42
10.	ANSHIKA 23Z00012	B.Sc-Ist			22	31	31			6.29
11	Murisha Devi	BA-III			17	-	-			4.75

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Ritika Devi /o Sh. Rakesh Kumar	B.Com III	21BCM 042	7.19 mts
II nd	Shivani Chandel /o Sh. Kulvir Singh	B.Sc. III	21BSM 009	6.80 mts
IIIrd	Priya Bhatia /o Balvinder Singh	B.Sc. III	22Z00 036	6.42 mts

Signature of Judges : 1. 2. 3. 4.



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ATHLETICS RECORD SHEET										
MAHARANA PRATAP GOVT. COLLEGE AMB										
EVENT: LONG JUMP/DISCUS THROW/JAVELIN THROW/SHOT PUT/HIGH JUMP										
MEN/WOMEN										
Date: 23/02/24 Time: 2:30 PM										
S.No	Name of Sportsman	Class	R. No.	Peg No For Throw	1st Attempt	II nd Attempt	IIIrd Attempt	Best 7 1st Attempt	Best 7 IIrd Attempt	Best 7 IIIrd Attempt
1.	Priya Bhatia	BSc-II	2270036	22						13.39 III
2.	Shwari Chandel	BSc-III	21B0609	5						14.12 II
3.	Poorna Shakur	BSc-II	22BSM016 22BSM060	1						12.76
4.	Litika Devi	BCom-III	21BCom42	25						12.95
5.	Bharti	BA-I	23POL103	17						15.13 I
6.	Ekta	BCom-II	21BCom15	18						11.85
7.	Tarana	BA-I	23POL078	2						10.2
8.	Payal	BA-I	23POL078	11						9.1
9.	Komal	BA-I	23HIN057	23						9.3
10.	Deepika	BA-I	23HIN057	9						10.3
11.	Neha Rani	BA-I	23HIN057	07						10.4
12.	Neeru Bala.	BA-I	23HIN057	10						10.5
13.	Suhani	BA-I	23HIN057	13						9.4
14.	Palak	BA-I	23HIN057	06						9.7
15.	Anjali	BA-I	23EN054	04						9.7

Name of the event : L.J./DISCUS/JAVELIN/SHOT/HIGH JUMP

RESULT

Position	Name of the Player	Class	R.No.	Distance
1st	Bharti Doshi Vyay Kumar	BA-I	23POL103	15.13 m.
II nd	Shwari Chandel Doshi Kulvir Singh	BSc-III	21BSM009	14.12 II
IIIrd	Priya Bhatia Doshi Balinder Singh	BSc-II	2270036	13.39 III

Signature of Judges: 1. [Signature] 2. [Signature] 3. [Signature] 4. [Signature]



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HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005

ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship - HPU INTER COLLEGE ATHLETIC MEET Section - Men
Year-2025

Name of the participating College: Govt. College Amb
Name of the Manager- Dr. Pawan K. Patil

Instructions: 1. This Eligibility proforma should be filled legibly neatly and correctly in correct details of any single student. If detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as contain herein do not bar any unauthorized over-writing/cutting. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education & Youth Programmes, Himachal Pradesh University, Shimla-5. 4. Students should bring an attested copy of 10+2 exam and college Identity Card duly signed by the Principal at the Venue of the competition.

Sr.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college [Passing 10+2 or Equivalent exam]		Date & Year of Passing qualifying Examination for first admission to University [Passing Graduate Course]		Present Class/ Roll No.	Date & Year of first Admission		No. of years of Previous inter college participation while pursuing		No. of times already participated in the Inter-university	Signature	Remarks	
						Name of exam	Date & Year	Name of exam	Date & Year		College	Class Present course	Graduate course	P.G Course				
10	SURYANSH CHANDEL	SHEETAL KUMAR	ANJU CHANDEL	25/08/2003	21-GCA-538	+2	2021	-	-	BCOM 2 nd Year	21BCM039	August 2021	August 2023	-	-	-		
11	ISHAV KOUNDAL	VIPAN KUMAR	RANJANA KUMARI	25/05/2005	22-GCA-102	+2	2022	-	-	BCOM 2 nd Year	22BCM063	August 2022	August 2023	-	-	-		
12	VINHAL SHARMA	FURAN CHAND	RIBAN BALA	26/12/2003	Af	+2	2021	-	-	BBA 3 rd SEM	BBA3011	August 2021	August 2023	-	-	-		

Associate Prof./incharge (With seal)
HPCS-1
Govt. College AMB
Distt. Una (H.P.)

Signature
Principal/head of the Institution
With seal.



Maharana Pratap Govt. Degree College Amb

District Una HP-177203

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HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005 ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of the Championship-HPU INTER COLLEGE ATHLETIC MEET Section-Women

Name of the participating college/Institution: Govt. College Amb

Year-2023 Name of the Manager-Dr. Pawan K. Pathak

Important Note: 1. The Eligibility proforma should be filled rightly neatly and correctly. Incorrect details of any single student, if detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as contain herein do not bar any unauthorized over-writing/typing. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate to the office of the Director, Physical Education & Youth Programmes, Himachal Pradesh University, Shimla. 4. Students should bring an original copy of 10+2 exam and college identity Card duly signed by the Principal at the Venue of the competition.

Sr.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.		Date & Year of first Admission		No. of years of Previous Inter college participation while pursuing		No. Of times already participated in the Inter-university	Sign.	Remark
						Name Of exam	Date & Year	Name Of exam	Date & Year	Colleg e	Class Present course	Grad uate course	P. G Course					
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
1	SHARTI	VIJAY KUMAR	PARAMJEET KAUR	19/03/2004	A/F	12 TH	MARCH /2021	-	-	BA 1 ST YEAR	23POL103	AUG UST/ 2021	AUGUST T/2023	-	-	-	Bharti	
2	SWATI THAKUR	CHAMAN SINGH	SUSHMA DEVI	25/07/2003	20-GCA-388	12 TH	MARCH /2020	BA	March /23	PGDC A	23PGDCA00 1	AUG UST/ 2020	AUGUST T/2023	1	-	-	Swati Thakur	
3	JYOTI BALA	KULDEHU SHAN	SONA DEVI	14/08/2001	18-GCA-673	12 TH	MARCH/ 2018	BA	2021	PGCA	23PGDCA00 2	AUG UST/ 2018	AUGUST T/2023	2	-	-	Jyoti Bala	
4	KAVITA	SANJAY KUMAR	URMILA DEVI	15/03/ 2006	A/F	12 TH	MARCH /2023	-	-	BA 1 ST YEAR	23POL019	AUG UST/ 2023	AUGUST T/2023	-	-	-	Kavita	
5																		
6																		

1. Certified that the above listed students are bonafide full time and duly enrolled students of my College/Institution following a university course of duration not less than one academic year. 2. Certified that the above particulars are true as per record of the College/Institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U.S.S.C.A.C rules. 3. Sports entry fee sent vide Cheque No./Draft No./Banker Cheque No. _____ Dated _____ Deposited vide receipt.

Principal Professor
Signature
Distt. Una (H.P.)

Signature
Principal of the Institution
GOVT. DEGREE COLLEGE
AMB, DISTT. UNA (H.P.)



Maharana Pratap Govt. Degree College Amb

District Una HP-177203

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HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005
ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship - **HPU INTER COLLEGE CROSS-COUNTRY Section-Women**

Name of the participating college/institution: **Govt. College Amb**

Year-2023 Name of the Manager: **Dr. Pawan K. Patil**

Important Note: 1. This eligibility proforma should be filled legibly neatly and correctly in correct details of any single student, if detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as certain herein do not for any unauthorized over-writing/altering. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education Youth Programmes, Himachal Pradesh University, Shimla. 4. Students should bring an attested copy of 10+2 exam and college Identity Card duly signed by the Principal at the venue of the competition.

Sr.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of first Admission		No. of years of Previous inter college participation while pursuing	No. Of times already participated in the Inter-university	Sign.	Remarks	
						Name Of exam	Date & Year	Name Of exam	Date & Year		College	Class Present course					Graduate course
1	SHWITI	VIJAY KUMAR	PARAMJEET KAUR	19/03/2004	A/F	12 th	MARCH /2021	-	-	BA 1 st YEAR	23POL103	AUGUST/ 2023	AUGUST/ 2023	-	-	-	Shwiti
2	SWATI THAKUR	CHAMAN SINGH	SUSHMA DEVI	28/07/2003	20-GCA-398	12 th	MARCH /2020	BA	March /23	PGDCA	23PGDCA001	AUGUST/ 2020	AUGUST/ 2023	1	-	-	Swati Thakur
3	VARSHIKA	VINOD KUMAR	MEENA	01/07/ 2004	A/F	12 th	MARCH /2021	-	-	BA 2 nd YEAR	21POL028	AUGUST/ 2023	AUGUST/ 2023	-	-	-	Varshika
4	JYOTI SALA	KULDEHU SHAN	SONIA DEVI	14/08/2001	18-GCA-673	12 th	MARCH/ 2018	BA	2021	PGDCA	23PGDCA002	AUGUST/ 2018	AUGUST/ 2023	2	-	-	Jyoti sala
5	REKHA DEVI	SURESH KUMAR	RAJ DEVI	11/09/2002	19-GCA-758	12 th	March/2019	BCB M	2022	MCom 3 rd Sem	22MCOM02	March /2019	AUGUST /2023	-	-	-	Rekha Devi
6	KAVITA	SANJAY KUMAR	URMILA DEVI	15/05/ 2006	A/F	12 th	MARCH /2023	-	-	BA 1 st YEAR	23POL019	AUGUST/ 2023	AUGUST/ 2023	-	-	-	Kavita

I Certified that the above listed students are bonafide full time and duly enrolled students of my College/Institution following a university course of duration not less than one academic year. 2. Certified that the above particulars are true as per record of the College/Institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U.S.C.A.C rules. 3. Sports entry Fee seen vide Cheque No./Draft No./Banker Cheque No. _____ Dated: _____ Deposited vide receipt.

(Signature)
Asst./Associate Prof. in charge (With seal)
H.P.E.S-1
Govt. College Amb
Distt. Una (H.P.)

(Signature)
Principal/Head of the Institution
With Seal - GOVT. COLLEGE AMB
DISTT. UNA (H.P.)

HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005
ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship - **HPU INTER COLLEGE Cross-Country Section-Men**

Name of the participating College: **Govt. College Amb**
Name of the Manager: **Dr. Pawan K. Patil**

Important Note: 1. This eligibility proforma should be filled legibly neatly and correctly in correct details of any single student, if detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as certain herein do not for any unauthorized over-writing/altering. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education Youth Programmes, Himachal Pradesh University, Shimla. 4. Students should bring an attested copy of 10+2 exam and college Identity Card duly signed by the Principal at the venue of the competition.

Sr.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of first Admission		No. of years of Previous inter college participation while pursuing	No. Of times already participated in the Inter-university	Sign.	Remarks	
						Name Of exam	Date & Year	Name Of exam	Date & Year		College	Class Present course					Graduate course
1	ARUN SHARMA	SANJEEV KUMAR	NAINA DEVI	01/02/2004	A/F	12TH	MARCH/ 2021	-	-	BBA 5 th Sem	3009	August 1 2021	AUGUST 2023	-	-	-	Arun
2	SAHEL	LALIT	JYOTI	01/10/2005	A/F	12TH	MARCH/ 2022	-	-	BA 1 st YEAR	23HIN060	August 1 2023	AUGUST 2023	-	-	-	Sahel
3	RAMAN KUMAR	KARTAR CHAND	SALDHANA DEVI	11/01/2003	A/F	12TH	MARCH/ 2020	-	-	BA 1 st YEAR	23HIN053	August 1 2023	AUGUST 2023	-	-	-	Raman Kumar
4	KANKAJ CHAUDHARY	DINESH KUMAR	SUSHMA DEVI	25/04/2005	A/F	12TH	MARCH /2023	-	-	BA 1 st YEAR	223HIN052	August 1 2023	AUGUST 2023	-	-	-	Kankaj Chaudhary
5	MIKA BHAL	SHAM CHAND	EPHSU DEVI	11/06/2000	A/F	12TH	MARCH /2018	-	-	BA 1 st YEAR	23HIN061	August 2023	AUGUST 2023	-	-	-	Mika Bhal
6	AMAN THAKUR	SUDHASH CHAND	SANJOGH KUMAR	29/08/2001	A/F	12TH	MARCH /2021	-	-	BA 1 st YEAR	23HIN052	August 2023	AUGUST 2023	-	-	-	Aman Thakur

I Certified that the above listed students are bonafide full time and duly enrolled students of my College/Institution following a university course of duration not less than one academic year. 2. Certified that the above particulars are true as per record of the College/Institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U.S.C.A.C rules. 3. Sports entry Fee seen vide Cheque No./Draft No./Banker Cheque No. _____ Dated: _____ Deposited vide receipt.

(Signature)
Asst./Associate Prof. in charge (With seal)
Govt. College Amb
Distt. Una (H.P.)

(Signature)
Principal/Head of the Institution
With Seal - GOVT. COLLEGE AMB
DISTT. UNA (H.P.)



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HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005
ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship: **HPU INTER COLLEGE-KARADDI Section -Women** Name of the participating college/Institution: **Govt. College Amb**

Year-2023 Name of the Manager: **Dr. Suruchi Sharma**

Important Note: 1. This Eligibility proforma should be filled legibly neatly and correctly in correct details of any single student. If detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details to certain extent do not bear any pre-emptive non-writing writing. The proper evaluation of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education & Health Programmes, Himachal Pradesh University, Shimla. 4. Students should bring an attestation of 10+2 exam and college identity card duly signed by the Principal at the venue of the competition.

Sr.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of first Admission		No. of years of Previous inter college participation while pursuing	No. Of times already participated in the Inter-university	Sign.	Remarks	
						Name Of exam	Date & Year	Name Of exam	Date & Year		College	Class Present course					Gr. plus to course
8	KUSHAL	LAL CHAND	NEETA DEVI	28/12/2002	A/F	12 TH	MARCH /2023			BA 1 ST YEAR	22KTDH 8	AUGUST /2023	AUGUST /2023				
9	NEHA	BALJEET SINGH	SUMMA DEVI	05/11/2004	A/F	12 TH	MARCH /2023			BA 1 ST year	22KTDH 5	AUGUST /2023	AUGUST /2023				
10	PREETI	RAVI BHANU	SHWATI	12/05/2003	A/F	12 TH	MARCH /2023			BA 1 ST year	22KTDH 8	AUGUST /2023	AUGUST /2023				
11	SHARVAT	ARUN KUMAR	VINODANA SHARMA	26/07/2005	A/F	12 TH	MARCH /2023			BA 1 ST SEM	22KTDH 1011	AUGUST /2023	AUGUST /2023				
12	KRISHNA	RAJESH CHAND	LEKSHI DEVI	08/12/2004	22-GCA-136	12 TH	MARCH /2022			BSC 2 ND YEAR	22KTDH 08	AUGUST /2022	AUGUST /2022				

I certify that the above listed students are bonafide full time and duly enrolled students of my College/Institution following a university course of degree not less than one academic year. I certify that the above particulars are true and correct of the College/Institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U. S.S.C.A.C. rules.

Signature: _____ Date: _____

Asst./Associate Prof./In-charge (With seal)

Signature: _____ Date: 26.7.23
Principal, Govt. Degree College, Distt. Una (H.P.)

HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005
ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship: **HPU INTER COLLEGE-KARADDI Section -Women** Name of the participating College/Institution: **Govt. College Amb**

Year-2023 Name of the Manager: **Dr. Suruchi Sharma**

Important Note: 1. This Eligibility proforma should be filled legibly neatly and correctly in correct details of any single student. If detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details to certain extent do not bear any pre-emptive non-writing writing. The proper evaluation of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education & Health Programmes, Himachal Pradesh University, Shimla. 4. Students should bring an attested copy of 10+2 exam and college identity Card duly signed by the Principal at the venue of the competition.

Sr.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of first Admission		No. of years of Previous inter college participation while pursuing	No. Of times already participated in the Inter-university	Sign.	Remarks	
						Name Of exam	Date & Year	Name Of exam	Date & Year		College	Class Present course					Gr. plus to course
1	TANIA THAKUR	ASHOK LAL	SONU BALA	06/07/2006	A/F	12 TH	MARCH /2023			BA 1 ST YEAR	22KCDU 08	AUGUST /2023	AUGUST /2023				Tania Thakur
2	ANCHAL	PARDEEP KUMAR	MANJU DEVI	26/10/2006	A/F	12 TH	MARCH /2023			BA 1 ST YEAR	22KDD3 9	AUGUST /2023	AUGUST /2023				Anchal
3	PALAK	RASHI PAL SINGH	KIRAN DEVI	01/08/2005	A/F	12 TH	MARCH /2022			BCA 3 RD SEM	22KCDU 37	AUGUST /2022	AUGUST /2023				Palak
4	DOLLY JASSAL	DIWAK CHAND	GURPREET	09/06/2005	22-GCA-2018	12 TH	MARCH /2022			BSC 2 ND YEAR	22B5M 040	AUGUST /2022	AUGUST /2023				Dolly Jassal
5	SMRITI	HARDEV SINGH	LEKSHA KUMARI	17/01/2005	A/F	12 TH	MARCH /2023			BBA 1 ST SEM	22B8A 18	AUGUST /2023	AUGUST /2023				Smriti
6	MEHAK	RAJESH KUMAR	PAVLA THAKUR	24/08/2006	A/F	12 TH	MARCH /2023			BBA 1 ST SEM	22B8A 35	AUGUST /2023	AUGUST /2023				Mehak
7	MULKAN	VIJAY KUMAR	ANITA DEVI	04/11/2003	22-GCA-232	12 TH	MARCH /2021			BSC 2 ND Year	22B5M 28	AUGUST /2022	AUGUST /2023				Mulkan

I certify that the above listed students are bonafide full time and duly enrolled students of my College/Institution following a university course of degree not less than one academic year. I certify that the above particulars are true and correct of the College/Institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U. S.S.C.A.C. rules.

Signature: _____ Date: _____

Asst./Associate Prof./In-charge (With seal)

Signature: _____ Date: 26.7.23
Principal, Govt. Degree College, Distt. Una (H.P.)



Maharana Pratap Govt. Degree College Amb

District Una HP-177203

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HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005

ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship-**HPU INTER COLLEGE-Table Tennis** Section-Men Name of the participating college/Institution:Govt. College Amb
Year-2023 Name of the Manager- **Prof. Ashish Kumar**

Important Note: 1. This Eligibility proforma should be filled legibly neatly and correctly (correct details of any single student, if detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as contain herein do not bar any unauthorized over-writing/altering. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education & Youth Programmes, Himachal Pradesh University, Shimla. 4. Travelers should bring an attested copy of 10+2 exam and college Identity Card duly signed by the Principal at the Venue of the competition.

Sr.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of first Admission		No. of years of Previous inter college participation while pursuing	No. Of times already participated in the inter-university	Sign.	Remark		
						Name Of exam	Date & Year	Name Of exam	Date & Year		College	Class Present courses					Grade	P.G Course
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
1.	NAVEEN SOOD	RAJ KUMAR SOOD	VANDNA SOOD	16/01/2004	21-GCA-490	+2	March/2021	-	-	BCOM 3 rd YEAR	218CM062	AUG/UST/2021	JULY/2023	-	-	-		Naveen sood
2.	ADITYA THAKUR	SURESH KUMAR	SAPNA RANI	22/08/2004	T22-GCA-231	+2	March/2021	-	-	B.S.C 2nd year	2206AR011	July/2022	JULY/2023	-	-	-		
3.	FARDEEP KUMAR JASSAL	ANIL KUMAR	MEENA KUMARI	12/04/2006	A/P	+2	MARCH/2021	-	-	B.A 1 st YEAR	238CA059	JULY/2023	JULY/2023	-	-	-		Farddeep
4.	ABHISHEK CHANDLA	DINKAR CHAND	REETA KUMARI	13/07/2003	21-GCA-3	+2	March/2021	-	-	BA 3 rd YEAR	23ENG027	AUG/UST/2021	JULY/2023	-	-	-		Abhishek Chandla
5.																		
6.																		
7.																		

I certify that the above listed students are bonafide full time and duly enrolled students of my College/Institution, following a university course of duration not less than one academic year. I certify that the above mentioned details are true to the best of my knowledge and eligibility of the above listed students has been verified and found eligible according to PU S.B.C.A. Rules.

Signature of the Principal/Institution Head (With Seal) Date: _____ Department: _____

Signature of the Manager
Ashish Kumar
Govt. College Amb
Distt. Una (H.P.)

Principal of the Institution
M.P. GOVT. DEGREE COLLEGE
AMB, DISTT. UNA (H.P.)



Maharana Pratap Govt. Degree College Amb

District Una HP-177203

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HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005

ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship - **NPU INTER COLLEGE Table Tennis** Section - **Men** Name of the participating college/institution: **Govt. College Amb**
 Year-2023 Name of the Manager - **Prof. Ashish Kumar**

Important Note: 1. This Eligibility proforma should be filled legibly neatly and correctly in correct details of any single student. If detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as certain herein do not bar any unaffiliated over writing/adding. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education & Youth Programmes, Himachal Pradesh University, Shimla-5. 4. Students should bring an attested copy of 10+2 exam and college identity Card duly signed by the principal at the Venue of the competition.

Sl. No.	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of first Admission				No. of years of Previous inter college participation while pursuing	No. Of times already participated in the inter-university	Sign.	Remark
						Name Of exam	Date & Year	Name Of exam	Date & Year		College	Class Present	Grade Course	P.G Course				
1	NAVYEN SOOD	RAJ KUMAR SOOD	SANDYA SOOD	18/01/2004	21-GCA-490	+2	March/2022	-	-	B.COM 3 rd YEAR	210CM 062	AUG 2022	JULY 2023	-	-	-	-	Navyen Sood
2	ADITYA THAKUR	SURESH KUMAR	SAPNA KUMAR	21/08/2004	725-GCA/232	+2	March/2023	-	-	B.S.C 2 nd YEAR	228BMS11	JULY 2022	JULY 2023	-	-	-	-	Aditya Thakur
3	PARULY KUMAR JODAL	ANIL KUMAR	NEENA KUMAR	12/04/2006	A/Y	+2	MARCH/2023	-	-	B.A 1 st YEAR	230CAS9	JULY 2023	JULY 2023	-	-	-	-	Paruly Jodal
4	ARVINDER CHANDLA	CHAMAN CHAND	ROHITA KUMAR	15/07/2005	21-GCA-9	+2	March/2023	-	-	B.A 3 rd YEAR	21ENG027	AUG 2022	JULY 2023	-	-	-	-	Arvinder Chandla

Principal Head of the institution
 Prof. Ashish Kumar
 Govt. College Amb
 Una, Distt. Una (H.P.)

HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005

ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship - **NPU INTER COLLEGE WRESTLING** Section - **Men** Name of the participating College/Institution: **Govt. College Amb**
 Year-2023 Name of the Manager - **Dr. Om Prakash**

Important Note: 1. This Eligibility proforma should be filled legibly neatly and correctly in correct details of any single student. If detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as certain herein do not bar any unaffiliated over writing/adding. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education & Youth Programmes, Himachal Pradesh University, Shimla-5. 4. Students should bring an attested copy of 10+2 exam and college identity Card duly signed by the Principal at the Venue of the competition.

Sl. No.	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of first Admission				No. of years of Previous inter college participation while pursuing	No. Of times already participated in the inter-university	Sign.	Remark
						Name Of exam	Date & Year	Name Of exam	Date & Year		College	Class Present	Grade Course	P.G Course				
1	RITIK SHARMA	RAJ KUMAR	SUNITA DEVI	03/05/2004	A/Y	12TH	2021	-	-	BBA 3 rd Sem	0228BA 040	Aug 2022	Aug 2023	-	-	-	-	Ritik Sharma
2	SHIBAM BHATIA	BALVINDER SINGH	SANJOGITA	23/07/2003	A/Y	12TH	2022	-	-	BA 1ST	23ENGO 26	August 2023	AUGUST 2023	-	-	-	-	Shibam Bhatia
3	MADHAV	AJAY KUMAR	MAMTA DEVI	14/11/2000	18-GCA-883	12TH	2018	BA	2021	BA 1 st Sem	23MA ENG007	August/2018	AUGUST 2023	01	-	-	-	Madhav
4	RAHUL SINGH	RISHAL SINGH	XIRAN DEVI	21/03/2004	A/Y	12TH	2022	-	-	BA 1ST	23HPN0 62	August 2023	AUGUST 2023	-	-	-	-	Rahul Singh
5	MANVIK MODGE	MAHESH KUMAR	ARTI KAUSHALYA	07/01/2005	A/Y	12TH	2023	-	-	BA 1ST	23ENGO 41	August 2023	AUGUST 2023	-	-	-	-	Manvik Modge
6	MOHAMMED TOSIF KISANA	ASHVAY MOHAMMED	NEHEM BIBI	30/01/2006	A/Y	12TH	2023	-	-	BA 1ST	23HIST 072	August 2023	AUGUST 2023	-	-	-	-	Mohammed Tosif Kisana

Principal Head of the institution
 Dr. Om Prakash
 Govt. College Amb
 Una, Distt. Una (H.P.)



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HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005
ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship-**HPU/INTER COLLEGE-BASKET** Section-Men Name of the participating college/Institution-**Govt. College Amb**

Year-2023 Name of the Manager-**Dr. Pawan K. Puri**
 1. This Eligibility proforma should be filled legibly neatly and correctly in correct details of any single student, if checked or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as contain herein do not for any unauthorised over-writing/cutting. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate to the office of the Director, Physical Education/Youth Programmes, Himachal Pradesh University, Sector 1, 6. Students should bring on printed copy of 10+2 exam and college identity Card duly signed by the Principal at the Venue of the competition.

Sr.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of first Admission		No. of years of Previous inter college participation while pursuing	No. Of times already participated in the inter-university	Sign.	Remark	
						Name of exam	Date & Year	Name of exam	Date & Year		College	Class Present course					Grade at course
1	SAHL KUMAR	SURESH KUMAR	VEDHA RAO	11/11/2008	A/C	+2	March/ 2023	-	-	BA 1 st year	12EH0014	AUG/ 19/2/ 2023	AUG/ 2023	-	-	Sahl	Kumar
2	KARTIK	VISAY KUMAR	MANJU DALA	05/07/2005	A/T	+2	March/ 2023	-	-	BA 1 st Year	12EH0019	Aug/ 2023	Aug/ 2023	-	-	Kartik	
3	CHIRAG	SATISH KUMAR	ANNA DEVI	10/1/2008	A/T	+2	MARCH/ 2023	-	-	B Com 1 st Year	12BOM014	Aug/ 2023	Aug/ 2023	-	-	Chirag	
4	DEEPAK BHARDWAJ	RAKESH KUMAR	MEENA DEVI	13/01/2004	11-0CA-471	+2	March/ 2023	-	-	B.COM 1 st YEAR	12BOM016	AUG/ 19/2/ 2023	AUG/ 2023	-	-	Deepak	Bhardwaj
5																	
6																	
7																	

I certify that the above listed students are bonafide full time and duly enrolled students of my College/Institution following a university course of duration not less than one academic year. 2. Certified that the above particulars are true as per record of the College/Institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U.S.& C.A.C.Rules. 3. Sports entry Fee sent vide Cheque No./Draft No./Banker Cheque No. _____ Dated _____ Deposited vide receipt.

Signature _____
 Asst./Associate Prof./Incharge (With seal)
 H.P.U.S. & C.A.C.
 Govt. College Amb
 Distt. Una (H.P.)

Signature _____
 Principal/Head of the Institution
 With seal.

HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005
ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship-**HPU/INTER COLLEGE-KABADDI** Section-Men Name of the participating college/Institution-**Govt. College Amb**

Year-2023 Name of the Manager-**Dr. Ajay Sharma**
 1. This Eligibility proforma should be filled legibly neatly and correctly in correct details of any single student, if checked or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as contain herein do not for any unauthorised over-writing/cutting. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate to the office of the Director, Physical Education/Youth Programmes, Himachal Pradesh University, Sector 1, 6. Students should bring on printed copy of 10+2 exam and college identity Card duly signed by the Principal at the Venue of the competition.

Sr.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of first Admission		No. of years of Previous inter college participation while pursuing	No. Of times already participated in the inter-university	Sign.	Remark	
						Name of exam	Date & Year	Name of exam	Date & Year		College	Class Present course					Grade at course
13	JAYN THAKUR	SUREET KUMAR	SEEMA DEVI	22/08/ 2006	AF	12 TH	MARCH/ 2023	-	-	BA 1 st year	23HISTO 58	AUGUST/ 7/2023	AUGUST/ 2023	-	-		
14	ANPIT BHARDWAJ	SUBASH CHAND	ANU KUMAR	14/03/200 8	A/F	12 TH	MARCH /2023	-	-	BA 1 st YEAR	23POL04 1	AUGUST/ 7/2023	AUGUST/ 2023	-	-		

I certify that the above listed students are bonafide full time and duly enrolled students of my College/Institution following a university course of duration not less than one academic year. 2. Certified that the above particulars are true as per record of the College/Institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U.S.& C.A.C.Rules. 3. Sports entry Fee sent vide Cheque No./Draft No./Banker Cheque No. _____ Dated _____ Deposited vide receipt.

Signature _____
 Asst./Associate Prof./Incharge (With seal)
 H.P.U.S. & C.A.C.
 Govt. College Amb
 Distt. Una (H.P.)

Signature _____
 Principal/Head of the Institution
 With seal.



Maharana Pratap Govt. Degree College Amb

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HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005 ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship: **HPU INTER COLLEGE KARAOO Section-Men** Name of the participating college/institution: **Govt. College Amb**

Year-2023 Name of the Manager: **Dr. Ajay Sharma**

Important Note: 1. This Eligibility proforma should be filled legibly, neatly and correctly in correct details of any single student, if detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details on certain basis do not require any unauthorized over-writing/altering. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education & Youth Programmes, Himachal Pradesh University, Shimla-5. 4. Students should bring an attested copy of 10-C exam and college identity card duly signed by the Principal at the venue of the competition.

Sl.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of First Admission		No. of years of Previous inter college participation while pursuing	No. Of times already participated in the Inter-university	Sign.	Remarks			
						Name Of exam	Date & Year	Name Of exam	Date & Year		College	Class Present course					Grade in course	P.G Course	
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	
8	ANAND KANA	ASHOK NANA	SANGITA KUMARI	18/11/2005	21-GCA-466	12 TH	MARCH /2021	-	-	B.COM 3 RD YEAR	23RCOM 805	AUGUST 7/2021	AUG UST/ 2023	-	-	-	-	-	Pranav
9	AJAY ADARSH	SUNDER LAL	KIRAN HOTA	01/01/2004	22-GCA-278	12 TH	MARCH /2021	-	-	BA 1 ST YEAR	22ENGG 48	AUGUST 7/2021	AUG UST/ 2023	-	-	-	-	-	Rishi
10	PRINCE	RAVINDER SINGH	SUSHMA DEVI	13/01/2006	23-GCA-547	12 TH	MARCH /2023	-	-	BA 1 ST YEAR	23POLM 9	AUGUST 1/2022	AUG UST/ 2023	-	-	-	-	-	Pranav
11	KARIN JADWAL	KULDEEP SINGH	HEEMA DEVI	15/01/2003	21-GCA-316	12 TH	MARCH /2021	-	-	BCA 3 RD SEM	316	AUGUST 1/2021	AUG UST/ 2023	-	-	-	-	-	Pranav
12	JAY NARAYAN	SURESH KUMAR	HEEMA DEVI	22/01/2006	AF	12 TH	MARCH /2023	-	-	BA 1 ST YEAR	23HISTO 55	AUGUST 1/2023	AUG UST/ 2023	-	-	-	-	-	Pranav

I/We certify that the above listed students are bonafide full time and duly enrolled students of my College/institution following a university course of duration not less than one academic year. I/We certify that the above particulars are true and correct of the College/institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U.S.C.A.C rules. 3. Space only for last row (last row No./Batch No./Rank/Change No.) (Principal's use only)

Signature
Asstt./Assistant Prof. (Incharge) (With seal)
G.P.S.-1
Govt. College Amb
Distt. Una H.P.

Signature
Principal/Head of the Institution
With seal

HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL SUMMER HILL, SHIMLA-171-005 ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship: **HPU INTER COLLEGE KARAOO Section-Men** Name of the participating College/institution: **Govt. College Amb**

Year-2023 Name of the Manager: **Dr. Ajay Sharma**

Important Note: 1. This Eligibility proforma should be filled legibly, neatly and correctly in correct details of any single student, if detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details on certain basis do not require any unauthorized over-writing/altering. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education & Youth Programmes, Himachal Pradesh University, Shimla-5. 4. Students should bring an attested copy of 10-C exam and college identity card duly signed by the Principal at the venue of the competition.

Sl.No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of First Admission		No. of years of Previous inter college participation while pursuing	No. Of times already participated in the Inter-university	Sign.	Remarks			
						Name Of exam	Date & Year	Name Of exam	Date & Year		College	Class Present course					Grade in course	P.G Course	
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	
1	SAHL	ETWAL SINGH	SHARUNTLA	05/05/2003	22-GCA-349	12 TH	MARCH /2020	-	-	BA 1 ST YEAR	22HND 34	AUGUST /2022	AUG UST/ 2023	-	-	-	-	-	Pranav
2	ANKIT GURJITA	CHAIY SINGH	RAHNI DEVI	14/05/2006	A/F	12 TH	MARCH /2023	-	-	BA 1 ST YEAR	23POL 82	AUGUST /2023	AUG UST/ 2023	-	-	-	-	-	Pranav
3	SAHL	RAVINDER KUMAR	NEELAM KUMARI	04/06/2005	A/F	12 TH	MARCH /2023	-	-	BA 1 ST YEAR	23POL 62	AUGUST /2023	AUG UST/ 2023	-	-	-	-	-	Pranav
4	HARSH DEEP	ANAY KUMAR	BALPANA KUMARI	04/05/2006	A/F	12 TH	MARCH /2023	-	-	BSC 1 ST YEAR	23PCHD 07	AUGUST /2023	AUG UST/ 2023	-	-	-	-	-	Pranav
5	SHUJHAM SANDAL	SURINDER SINGH	VRNA KUMARI	17/07/2004	22-GCA-532	12 TH	MARCH /2021	-	-	B.COM 3 RD YEAR	21RCMD 14	AUGUST /2021	AUG UST/ 2023	-	-	-	-	-	Pranav
6	SURVEER	BRI LAL	REVA DEVI	08/10/2003	22-GCA-474	12 TH	MARCH /2021	-	-	BA 1 ST YEAR	23POL 05	AUGUST /2022	AUG UST/ 2023	-	-	-	-	-	Pranav
7	SACHIN JADWAL	MANDI KUMAR	SUMAN JADWAL	21/10/2003	21-GCA-315	12 TH	MARCH /2021	-	-	BCA 3 RD SEM	315	AUGUST /2021	AUG UST/ 2023	-	-	-	-	-	Pranav

I/We certify that the above listed students are bonafide full time and duly enrolled students of my College/institution following a university course of duration not less than one academic year. I/We certify that the above particulars are true and correct of the College/institution and eligibility of the above listed students have been verified and they are eligible according to H.P.U.S.C.A.C rules. 3. Space only for last row (last row No./Batch No./Rank/Change No.) (Principal's use only)

Signature
Asstt./Assistant Prof. (Incharge) (With seal)
Govt. College Amb
Distt. Una H.P.

Signature
Principal/Head of the Institution
With seal



Maharana Pratap Govt. Degree College Amb

District Una HP-177203

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HIMACHAL PRADESH UNIVERSITY SPORTS & CO-CURRICULAR ACTIVITIES COUNCIL, SUMMER HILL, SHIMLA-171-005

ELIGIBILITY PROFORMA FOR INTER COLLEGE CHAMPIONSHIPS

Name of The Championship - **HPU INTER COLLEGE ATHLETIC MEET, Section - Men**
Year-2023

Name of the participating College: **Govt. College Amb**
Name of the Manager: **Dr. Pawan K. Patel**

Important Note: 1. This Eligibility proforma should be filled legibly neatly and correctly in correct details of any single student. If detected or challenged and proved shall entail the disqualification of the whole team. 2. Eligibility details as contain herein do not bear any uncorroborated over-writing/outing. The proper verification of the eligibility details is the responsibility of the principal/head of the institution concerned. 3. This Proforma must be submitted in duplicate in the office of the Director, Physical Education & Youth Programmes, Himachal Pradesh University, Shimla 5. 4. Students should bring an attested copy of 10+2 exam and college Identity Card duly signed by the Principal at the Venue of the competition.

Sl No	Name	Father Name	Mother Name	DOB	UNIVERSITY Reg. No.	Date & Year of Passing qualifying Examination for first admission to college (Passing 10+2 or Equivalent exam)		Date & Year of Passing qualifying Examination for first admission to University (Passing Graduate Course)		Present Class/ Roll No.	Date & Year of First Admission		No. of years of Previous inter college participation while pursuing	No. of times already participated in the inter-college	Sig.	Remarks	
						Name of exam	Date & Year	Name of exam	Date & Year		College	Class Present course					Gr. Admission
1	ARUN SHARMA	SANJEV KUMAR	RAMA DEVI	03/02/2004	21-GCA-042	12TH	MARCH/2021	-	-	BBA 5 th Sem	2005	August 2021	AUGUST 2023	-	-	-	Arun
2	SAHIL	LALI	JYOTI	03/10/2005	A/T	12TH	MARCH/2022	-	-	BA 1 st YEAR	23HND00	August 2023	AUGUST 2023	-	-	-	Sahil
3	KAMAN KUMAR	KARTAR CHAND	SALOHANA DEVI	11/01/2003	A/T	12TH	MARCH/2021	-	-	BA 1 st YEAR	23HND03	August 2023	AUGUST 2023	-	-	-	Kaman
4	PAWAI CHOUDHARY	DINESH KUMAR	SUSHMA DEVI	25/04/2005	A/T	12TH	MARCH/2023	-	-	BA 1 st YEAR	23HND051	August 2023	AUGUST 2023	-	-	-	Pawai
5	AMAR THAKUR	SUBHASH CHAND	SANTOSH KUMAR	29/08/2003	A/T	12TH	MARCH/2021	-	-	BA 1 st YEAR	23HND02	August 2023	AUGUST 2023	-	-	-	Amar
6	NIKHIL CHOUDHARY	SANDEEP KUMAR	MEENA KUMAR	16/11/2003	A/T	12TH	MARCH/2021	-	-	BA 1 st YEAR	23HND06	August 2023	AUGUST 2023	-	-	-	Nikhil
7	HARSH	AJAY KUMAR	SEEMADEVI	08/12/2006	A/T	12TH	MARCH/2021	-	-	BA 1 st YEAR	23HND036	August 2023	AUGUST 2023	-	-	-	Harsh
8	ARYAN KUMAR	VERINDER SINGH	BINDU RANI	23/08/2005	A/T	12TH	MARCH/2023	-	-	BA 1 st YEAR	23HND003	August 2023	AUGUST 2023	-	-	-	Aryan
9	HARSH THAKUR	RAN CHANDER	PARULA DEVI	10/10/2004	A/T	12TH	MARCH/2021	-	-	BA 1 st YEAR	23HND045	August 2023	AUGUST 2023	-	-	-	Harsh

Signature
Asst./Associate Prof./College (Amb)

Signature of the Institution
11th GOVT. DEGREE COLLEGE
AMB, DISTT. UNA (H.P.)



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**Results of
Activities Organized by Sports and Yoga Club
on the Occasion of National Sports Day (29th August, 2023)**

M.P. Govt. College Amb

Result of Chess (Women) Competition

SN	Name of Student	Father's Name	Class	Roll No.	Position
1.	Shreya Tiwari	Sudarshan Tiwari	BCA 2nd sem	23BCA049	3 rd Place
2.	Anchal	Sh. Sukhdev Singh	B.Com 3 rd Y	21BCM037	2 nd Place
3.	Divya Sood	Sh. Raj Kumar Sood	B.COM 1st Y	23BCM063	1 st Place

Result of Chess (Men) Competition

4.	Arvind Kumar	Sh. Krishan Gopal	BCA 6th sem	322	3 rd Place
5.	Aditya Thakur	Sh. Suresh Kumar	B.sc 2ndY	22BSM011	2 nd Place
6.	Naveen Sood	Sh. Raj Kumar Sood	B.COM 3 rd Y	21BCM062	1 st Place

Result of Badminton (Women) Competition

7.	Anchal	Sh. Rakesh Kumar	BA 2 nd Y	21HIS065	2 nd
8.	Tanu	Sh. Pawan Kumar	BCom 3 rd Y	21BCM091	1 st

Result of Badminton (Men) Competition

9.	Arman Rana	Sh. Ashwani Kumar	BCA 4 th Sem	22BCA020	3 rd Place
10.	Vansh Thakur	Sh. Parkash Chand	BCA 4 th Sem	22BCA059	2 nd Place
11.	Arvind	Krishan Gopal	BCA 5 TH Sem	322	1 st Place

Result of Volleyball (Men) Competition-Winners

12.	Aman Thakur	Sh. Hardeep Singh	BA 3 rd YEAR	21POLO30	Winner
13.	Anish	Sh. Suresh Kumar	BA 1 ST YEAR	22HIN037	Winner
14.	Ashish Kumar	Sh. Mahdev	BSC 3 RD Year	20PH027	Winner
15.	Vishal Thakur	Sh. Madal Lal	BA 1 st Y	23HIN058	Winner
16.	Parmarth Thakur	Sh. Surjeet Singh	BA 1 st y	23HIS007	Winner
17.	Anmol	Sh. Sunil Kumar	BA 1 st Y	23HIN015	Winner

Dr. Pawan K. Patial
Assist. Prof. of Physical Education
Activity In charge, Sports and Yoga Club
M.P. Govt. College Amb

Convener IQAC

Principal
M. P. Govt. College, Amb
Distt. Una (H.P.)



Report Activities Organized by Sports and Yoga Club (2023-2024) M.P. Govt. College Amb

On the occasion of National Sports Day (29th August, 2023), Intramural was organised w.e.f. 25th August, 2023 to 29th August, 2023 in sports disciplines like- Chess (Men & Women), Badminton (Men & Women) and Volleyball (Men).. The final matches were organised on 29th August, 2023 (National Sports Day). Principal, Prof. Darshan Kumar was Chief Guest of this occasion and also throw the light of the importance of sports and fitness in life. First of all classes wise competitions were organised w.e.f. 25th August, 2023. Results of various sports competitions were as follow:-

Chess (Women) Competition- Miss Shreya Tiwari of BCA 2nd Sem. Roll No. 23BCA049 won 3rd place, Miss Anchal of B.Com 3rd year, Roll No. 21BCM037 won 2nd Place and Miss Divya Sood of B.COM 1st year, Roll No. 23BCM063 won 1st place in chess competition.

Chess (Men) Competition- Mr. Arvind Kumar of BCA 6th sem., Roll No. 322 won 3rd place Mr. Aditya Thakur of B.sc 2nd year, Roll No. 22BSM011 won 2nd place and Mr. Naveen Sood of B.Com. 3rd year, Roll No. 21BCM062 won 1st place in chess competition.

Badminton (Women) Competition- Miss Anchal of BA 2nd year, Roll No. 21HIS065 won 2nd place and Miss Tanu of B.Com 3rd year, Roll no. 21BCM091 won 1st place in Badminton.

Badminton (Men) Competition- Mr. Arman Rana of BCA 4th Sem., Roll No. 22BCA020 won 3rd place, Mr. Vansh Thakur of BCA 4th Sem., Roll No. 22BCA059 won 2nd place and Mr. Arvind of BCA 5th Sem., Roll No. 322 won 1st place in Badminton.

Volleyball (Men) Competition:- Mr. Aman Thakur of BA 3rd year Roll No. 21POL030, Mr. Parmarth Thakur of BA 1st year Roll No. 23HIS007, Mr. Anish of BA 1st Year Roll No. 22HIN037, Mr. Ashish Kumar of BSc. 3rd year Roll No. 20PH027, Mr. Vishal Thakur of BA 1st year, Roll No. 23HIN058 and Mr. Anmol Singh of BA 1st year, Roll No. 23HIN015 won the volleyball match.

At Last Online Sports Quiz was also organised for other students on this occasion. The purpose of the quiz was to aware the students about sports and fitness. E-certificates were send to passed participates.



Volleyball Runner-up Team (Boys)



Chess winner (Girls)



Chess Winners (Boys)



Badminton Winners (Boys)



Volleyball Winner Team



Badminton Winners (Girls)



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Dr. Pawan K. Patial
Assist. Prof. of Physical Education
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