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#### Report of Prahari Club

Dated October, 18 2024

#### "From Awareness to Action: Tackling Drug Addiction Together"

A lecture on anti-drug campaigns and the importance of saying "No to Drugs" was conducted by Prahari Club of the college with the goal of raising awareness about the harmful effects of drug abuse and empowering individuals, particularly students, to resist the temptation to engage in drug abuses. Prof Darshan Kumar, Principal of the college was chief guest on this occasion and about 110 students participated in this event. Dr. Nitin Kumar Sharma gave a lecture and valuable insights into the global issues of drug addiction and highlighted the role of education, community involvement, and individual commitment in combating this social challenge. One of the central themes of the lecture was the role of anti-drug campaigns in spreading awareness and offering support to those affected by drug addiction. The speaker highlighted successful campaigns, both locally and globally, and shared examples of how community-based programs, media campaigns, and educational initiatives have helped reduce drug abuse rates. The lecture stressed the importance of early intervention and preventive measures to stop drug abuse before it starts. Students raised various queries regarding drugs and its preventive measures, all were satisfied by the speaker. Two peer leaders were also appointed by the Prahari Club to keep a hawked eye against drug abuse. At the end of the lecture chief guest of the program Prof. Darshan Kumar gave his valuable suggestions and administrated pledge to Say No to Drugs to all the students presents there. This pledge was not just a symbolic gesture but a commitment to actively resist drug use and encourage others to do the same. The attendees, mainly students, were encouraged to become ambassadors for the anti-drug movement in their communities by spreading awareness, offering support to those at risk, and standing firm in their resolve to avoid drugs.

Dr. Nitin Kumar Sharma Incharge Prahari Club Principal





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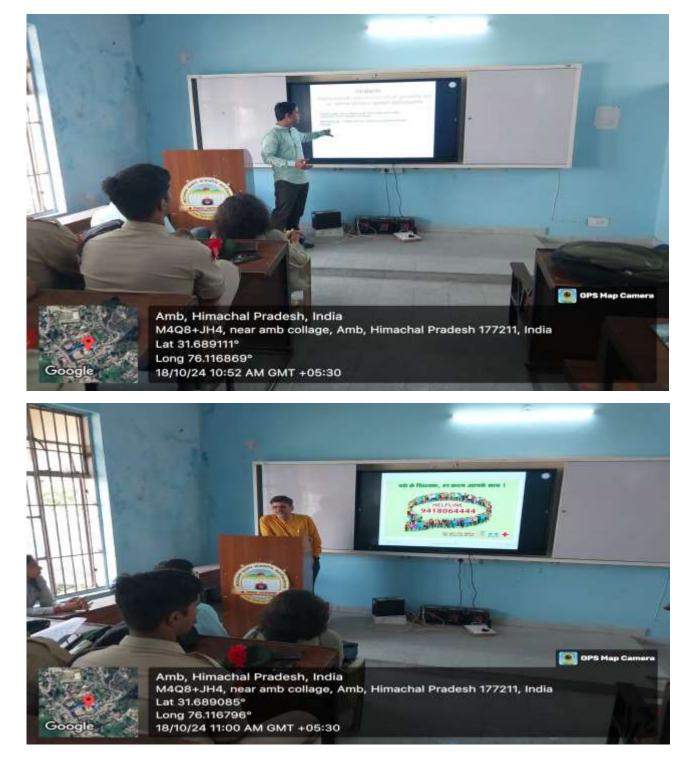
Press release of Punjab Kesari and Amar Ujala





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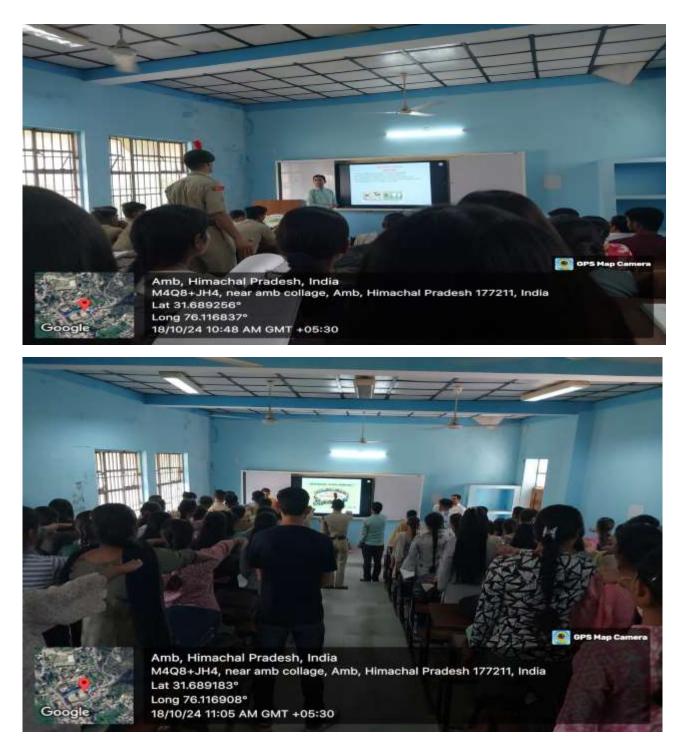
Students and teachers taking pledge to say no to drugs





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Photographs of Drug awareness programme





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November 25, 2024

# Report of Prahari Club: Drug awareness compaign cum audio-visual demonstration aginst drug adiction

Drug abuse is a critical issue faced globally and its prevalence has been rising, especially in developing countries like India. Keeping in view this Prahari Club of the college in collaboration with Brahm Kumaris Center Amb organized a drug awareness campaign. In this programme videos (Short stories) were shown to the students to create awareness among them. Special emphasis was given to the role of Indian Knowledge Systems (IKS) in overcoming drug addiction problems. BK Ritu From Braham Kumaris said that IKS is the country's spiritual and cultural heritage. These practices offer invaluable tools for addressing drug addiction, particularly through holistic healing methods that consider the mind, body, and spirit. Their main focus was on Ayurveda, yoga and meditation and their role in overcoming drug addiction.

Prof. Darshan Kumar, Principal of the college was the chief guest on this occasion, he gave his valuable suggestions and urged students to say no to drugs. Dr. Nitin Kumar Sharma Nodal officer of the Prahari club said that drug addiction is like termites and destroying our society, our club will organize such programmes in future. In this programme about 125 students participated.





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